

Dr. Robin Hall

Inspiring audiences
to take charge of their health,
their power, and their future

Dr. Robin Hall is an award-winning, board-certified family physician, best-selling author, and sought-after keynote speaker with more than 30 years of clinical experience. She helps audiences shift from awareness to action—empowering them to take charge of their health, mindset, and future by blending science, story, and soul.

A cancer survivor and pioneering concierge physician who founded Destination Health in Southlake, Dr. Hall has been featured in national and Dallas media outlets including TODAY.com. She draws on her personal and professional journey to debunk myths, deliver hope, and inspire people to thrive with confidence and clarity.

Her best-selling book, *The Other Side of Illness: Unexpected Blessings*, reveals how adversity can become a doorway to growth, resilience, and renewed purpose.



Keynote Topics

Permission to Thrive: Taking Charge of Your Health and Your Life

Too many people are running on empty—overextended, overwhelmed, and neglecting their own well-being in the process. In her powerful keynote, Dr. Robin Hall shares her personal journey through cancer and caregiving to help audiences rediscover resilience in the face of life's unexpected detours. With warmth and wisdom, she reveals how breakdowns can become breakthroughs and how shifting from self-neglect to self-nurture can change everything. Audiences leave inspired and equipped to take charge of their health, their mindset, and their future.

Say No to the Naysayers: Reclaiming Your Power, and Your Path

Too often, the loudest voices of doubt come from those who've never walked in your shoes. In this empowering keynote, Dr. Robin Hall shares her journey from being underestimated in medical school to becoming a trailblazer in concierge medicine—proving that bold choices, not approval, define success. She reveals how listening to naysayers can sabotage your health, happiness, and purpose—and how to transform that noise into fuel for growth. Audiences leave equipped to protect their health, reclaim their power, and move forward with unstoppable confidence.

Breast Cancer Myths & Misconceptions: What Every Woman Needs to Know

As both a breast cancer survivor and a physician who has diagnosed and cared for countless women, Dr. Robin Hall brings unmatched credibility and compassion to this critical conversation. Drawing on her personal, professional, and past experience as a Master Faculty Trainer for the U.S. Department of Defense, she reveals what's often missing from medical training and mainstream media. In this eye-opening keynote, Dr. Hall debunks the most common myths and misconceptions about breast cancer and shares lifesaving insights every woman needs to know. Audiences leave informed, empowered, and inspired to take charge of their health with clarity and confidence.

Booking Inquiry:

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Connect with Dr. Robin!

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Testimonials

★★★★★

"She has an uncanny ability to read the room and adapt her delivery style to keep everyone captivated and involved. Her combination of expertise, engaging delivery, and genuine connection with the audience makes her a standout choice for any occasion."

— Juli R.
Entrepreneur Audience member

★★★★★

"Dr. Robin Hall is a tremendous speaker, striking the perfect balance between solid medical information and personal storytelling."

— Karie E.
Event attendee

Matters of the Heart: What Every Woman Needs to Know (But Isn't Being Told)" Debunking myths, decoding risk, and protecting your most vital organ.

Heart disease kills more women than all forms of cancer combined—yet few realize they're at risk. In this enlightening keynote, Dr. Robin Hall exposes the myths and misconceptions that have kept women in the dark for decades. As a physician certified in the Bale/Doneen Method of Heart and Stroke Prevention, she shares a paradigm-shifting approach that goes far beyond cholesterol to uncover the true causes of cardiovascular disease. With clarity and compassion, Dr. Hall empowers audiences with lifesaving knowledge to protect their most vital organ—and their future.

